



Community Engagement Catalog

TYPES OF COMMUNITY ENGAGEMENT REQUESTS

- SPEAKER AT YOUR EVENT
- PRESENTATION OR TRAINING *(FEES MAY BE ASSOCIATED)*
- HOST A FIRST STEP TABLE OR INFO BOOTH
- PROFESSIONAL ON A PANEL
- INTERVIEW WITH MEDIA OR JOURNALIST
- REPRESENTATIVE TO ACCEPT DONATION
- ADVOCATE TO PROVIDE EMOTIONAL SUPPORT DURING AN EVENT
- INTIMATE PARTNER VIOLENCE AND/OR SEXUAL ASSAULT SURVIVOR SPEAKER
- CONSULTATION ON POLICY AND PROCEDURE *(FEES MAY BE ASSOCIATED)*
- COMMUNITY SUPPORT GROUP

COMMUNITY EDUCATION & PRESENTATIONS

First Step has numerous programs to offer to a variety of groups ranging in ages, interests, and backgrounds. The length of time chosen for a presentation will decide how in depth our speakers will get. If a presentation or topic that you are looking for is not found below, special accommodations may be discussed to see if First Step has the capacity and are the best fit. Don't forget to check out our professional and customizable trainings, too! **All presentations include an overview of First Step**, including our services, ways to get involved, how to refer clients and a Q&A session.

INFO SESSION

Audience: Great for any audience

Timeframe: 20 to 60 minutes

Our Info Session provides a light overview about intimate partner violence, sexual assault, and First Step. This includes reviewing our free and comprehensive programs and services all while learning about our needs, how one can support First Step and survivors, get involved, and/or refer individuals and families to First Step. For longer sessions, our speakers will educate the audience on ways to identify and support survivors of all ages.

Info sessions are a great way to educate your group about local resources for survivors and/or how their donation, volunteerism, and referrals directly and indirectly support our agency and mission. Consider scheduling a speaker to come talk at your meetings, fundraisers, community events, and more!

INTIMATE PARTNER VIOLENCE (IPV) 101

Audience: Great for adult audiences ranging from the general public to professionals of all fields (including, but not limited to community groups, students, businesses, social workers, etc.)

Timeframe: 45 to 90 minutes

This introductory program covers intimate partner intimate partner violence topics, including forms of abuse, traits of an abuser, facts versus myths, and discusses why survivors may stay in or go back to an abusive relationship. This presentation is great for those who are looking for a good overview of intimate partner violence to better educate their audience on the violence that is happening in their community, while changing victim blaming into collective community action and awareness.

Visit www.FirstStep-MI.org/Community-Engagement to view the most up to date catalog and email CommunityServices@FirstStep-MI.org to request a Speakers Bureau Member.

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SEXUAL ASSAULT (SA) 101

Audience: Great for adult audiences ranging from the general public to professionals of all fields (including, but not limited to community groups, students, businesses, social workers, etc.)

Timeframe: 45 to 90 minutes

First Step's Sexual Assault 101 program is an introductory presentation that covers all types of sexual assaults, from intimate partner violence to harassment to childhood assault and more. This program is best fit for groups looking to debunk sexual assault myths, learn about why some survivors do not disclose or choose not to press charges or prosecute, and how to shift blame and accountability from the survivor to the abusing party.

IPV & SA 101

Audience: Great for adult audiences ranging from the general public to professionals of all fields (including, but not limited to community groups, students, businesses, social workers, etc.)

Timeframe: 1 to 2 hours

This program is a combination of Intimate Partner Violence 101 and Sexual Assault 101 for audiences looking to learn more about both topics, how these traumas impact survivors and our community, and ways First Step responds to them. The presentation length chosen will indicate how in-depth our advocates will cover these various topics.

PERSONAL PROTECTION ORDERS IN MICHIGAN: WHAT YOU SHOULD KNOW

Audience: Great for community professionals like case managers, law enforcement, or others social services

Timeframe: 30 to 90 minutes

Personal Protection Orders (PPOs) can be an essential part of a survivor's safety plan, but also can pose barriers or have limitations. In this presentation, First Step professionals cover the different types of IPV and SA PPOs in Michigan, standards for obtaining one, and steps to filing, serving, and enforcing them. Speakers will address common issues survivors face regarding PPOs or the process and will share the various ways First Step supports survivors via their PPO court advocate, Community Response Program, and onsite PPO Kiosks.

ACTIVATING FIRST STEP'S CRISIS RESPONSE TEAM

Audience: For community professionals in law enforcement, health care, and education

Timeframe: 30 to 90 minutes

First Step's Crisis Response Program encompasses a team of trained staff and volunteers on-call 24/7, ready to respond to victims of intimate partner or sexual violence at emergency rooms, police stations, and schools throughout Wayne County. By activating our Crisis Response Program, survivors receive immediate crisis intervention, clothing, support, safety planning, and links to First Step and other vital services. By scheduling this presentation, professionals affiliated with these locations will receive information on how to activate this program and best support survivors at the time of disclosure after a recent assault.

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YOUTH OUTREACH & EDUCATION

HEALTHY RELATIONSHIPS

Audience: Great for adolescents, teens, and young adults 11 to 24 years old; catered to age group

Scheduling: Class sized audience preferred and can be offered back-to-back to classes; Can be provided assembly style

Timeframe: 45 to 90 minutes

First Step finds it extremely important to talk to teens about the spectrum of healthy to unhealthy to abusive relationships and consent. This teen-focused program explores the different types of abuse tactics commonly found in teen dating violence and sexual assault, including digital abuse, online harassment or bullying, isolation, sexual coercion, shaming, and substance abuse. Our advocates use this interactive, multi-media presentation to educate teens on how to safety plan, support themselves or others, distinguish healthy relationship patterns, and ask for consent.

KEEPING KIDS SAFE

Audience: Great for children 5 to 11 years old; catered to age group

Scheduling: Class sized audience preferred and can be offered back-to-back to classes; Can be provided assembly style

Timeframe: 1 to 2 hours

The Keeping Kids Safe (KKS) program discusses family violence in an age-appropriate manner. It teaches children how to emotionally and physically safety plan, identify safe adults to talk to, and have healthy anger expression. It follows an anti-bullying curriculum through talking about how to treat others. Our advocates prefer to provide this program through a two-day (one-hour each, per classroom) presentation, though other accommodations can be made. This program works best with classroom-size audiences as the presentation is highly interactive, including pre and post-tests, videos, multiple books, and lots of discussion with the children.

MY BODY BELONGS TO ME!

Audience: Great for children 5 to 11 years old; catered to age group

Scheduling: Class sized audience preferred and can be offered back-to-back to classes; Can be provided assembly style

Timeframe: 30 to 60 minutes

My Body Belongs to Me! is a program that helps children understand the rights to their body, create an emotional and physical safety plan that includes identifying safe grown-ups to talk to, practice emotion regulation and coping skills, and know the difference between good secrets and bad secrets. This program emphasizes the importance of knowing that abuse is never the child's fault in an engaging, interactive way through using a variety of resources and content.

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