



There is help for survivors of domestic violence and sexual assault.



GET THE FACTS.

Nearly **3 IN 10 WOMEN** and **1 IN 10 MEN** in the US have experienced rape, physical violence and/or stalking by a partner and report a related impact on their functioning. [i]

14.8% OF WOMEN and **4% OF MEN** have been injured as a result of intimate partner violence that included rape, physical violence and/or stalking by an intimate partner... [iii]

1 IN 4 WOMEN and **1 IN 7 MEN** aged 18 and older in the United States have been the victim of severe physical violence by an intimate partner in their lifetime. [iv]

30 TO 60% OF PERPETRATORS of intimate partner violence also abuse children in the household. [v]

Nearly **1 IN 10 LGBTQ SURVIVORS** of intimate partner violence (IPV) has experienced sexual assault from those partners. Studies suggest that around half of transgender people and bisexual women will experience sexual violence at some point in their lifetimes. Source: The National Coalition of Anti-Violence Projects (NCAVP)

9.4% OF HIGH SCHOOL STUDENTS report being hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in the 12 months prior to a nationwide survey. [i]

NEARLY 1 IN 5 WOMEN and **1 IN 71 MEN** have been raped in their lifetime (by any perpetrator). [i]



MISSION

The mission of First Step is to eliminate both domestic and sexual violence and to provide comprehensive services to individuals and families impacted by these crimes.

VISION

Peaceful Families,
Safe Communities

VALUES

SAFETY

Our commitment to safety is paramount

EMPOWERMENT-BASED ADVOCACY

We advocate with a holistic approach which is client-driven

SOCIAL JUSTICE

We demand fairness and equality for all



VALUE RESOURCES

We are conscientious stewards of our resources

COMMUNITY ACTION

We engage in strategic partnerships to maximize the impact of our work

INTEGRITY

We adhere to a high ethical standard while doing our work with honesty and professionalism

ANTI-RACISM

We demand an end to oppression and take responsibility for dismantling racism within our sphere of influence

FIRST STEP PROGRAMS & SERVICES

Since 1978, First Step has been working for peaceful families and safe communities in Wayne County, Michigan. First Step is the only non-profit in Wayne County providing comprehensive services for victims of domestic and sexual violence.

First Step provides free and confidential programs designed to help survivors of violence overcome the lack of intervention and support, the feelings of powerlessness, isolation, physical danger and fear, and the financial, emotional, and cultural barriers that victims of violence often face when seeking help.



Author Sherry Duquet shares her story



Pumpkin Palooza event raises funds for First Step's Children's Program

WHAT MAKES FIRST STEP STAND OUT FROM OTHER COUNSELING PROGRAMS AND SHELTERS?

First Step staff members and volunteers are specially trained to assist and empower survivors of domestic violence, dating violence, and sexual assault. First Step staff and volunteers are skilled experts in domestic violence, sexual assault, and trauma. They know the laws, have knowledge and experience with the dynamics of these crimes and understand the effects they have on the human spirit.

INFORMATION AND REFERRALS

Providing critical information and referrals regarding housing, legal assistance, counseling, temporary emergency housing, transportation, and health care is a large part of First Step's work.

CHILDREN'S ADVOCACY AND PREVENTION PROGRAMS

Children ages 3 through 18 are provided individual and group counseling sessions to overcome the effects of witnessing violence in the home and, in some cases, the trauma of being physically or sexually abused themselves. First Step also recognizes the need for fun and recreation. Through volunteers and staff, First Step provides recreational activities such as field trips, craft activities, holiday celebrations, birthday parties and more for the children and adults in our program.

Kiwanis build shelving for the ARK



The Ladies Ancient Order of Hibernian's "A Chocolate Affair"



24-HOUR HELPLINE (734-722-6800)

The 24-hour help line is a core service at First Step. For many, it is literally a lifeline. Specially trained First Step staff and volunteers provide crisis intervention, support, information, and safety planning to survivors who call.

ASSAULT RESPONSE

First Step staff and volunteers, on-call 24 hours a day, 365 days a year, respond to victims of domestic and sexual violence at local emergency rooms, police stations, and schools. Survivors receive immediate crisis intervention, clothing, support, safety planning, and links to First Step and other vital services.

COMMUNITY EDUCATION

First Step believes that prevention is a key component to ending violence in our communities. First Step volunteers and staff members present to schools, businesses, religious organizations, medical personnel, police officers, and civic groups. Topics range from the effects of violence on children, to dating violence, domestic/sexual assault myths and facts, and community resources.

ARK (ANIMALS RECEIVING KINDNESS)

The ARK Building allows survivors to bring their pets into shelter. The building features four dog kennels, four cat kennels, an outdoor dog run, four outdoor dog pens, a cat play area, a family visitation area, a laundry/storage area, and a restroom. The ARK is an important resource to remove the barriers that keep survivors from leaving for fear that their pet will be harmed or killed as a result of the power and control that often occurs in domestic violence situations.



First step opened the ARK Animal Center in 2018



Ford's Thirty Under 30 fellows share their skills with First Step

TEMPORARY EMERGENCY HOUSING (SHELTER)

When home is no longer a safe option, First Step provides emergency, short-term housing for victims of domestic and/or sexual violence and their children. Survivor Advocates work with residents to assist them in meeting their goals. Residents have the opportunity to participate in vital services, such as individual and group counseling, safety planning, medical attention, housing referrals, and educational and recreational activities for children.

OTHER

First Step provides food, toys, clothing, birthday gifts, gift cards, books, school supplies, diapers, household goods, transportation and many of the other basic needs to help survivors in transition.

TRANSITIONAL HOUSING

The Transitional Housing Program provides full rent subsidy and support while helping survivors build a credit history and skills to obtain and maintain permanent housing.



2019 You are the Light Gala



First Step's newest counseling office in Detroit

DOMESTIC VIOLENCE AND SEXUAL ASSAULT ADVOCACY PROGRAMS

Through individual and group sessions, survivors of domestic and sexual violence learn about the dynamics of abuse and how to advocate for their own resources and needs. They are given the space to discuss the emotional impact of their situations. Groups allow survivors to share their stories and find strength in connecting with others, who sometimes become life-long friends. Non-residential sessions are available in four sites: Plymouth, Wayne, Lincoln Park, and Detroit.



Galentines comedy event for First Step

COMMUNITY LEGAL RESPONSE/ LETHALITY ASSESSMENT PROGRAM

First Step's Community Response Project Survivor Advocates help victims who are identified through police departments and courts throughout Wayne County. In several communities, Survivor Advocates work with a designated domestic violence prosecutor and specially trained police officer to respond to the crimes of domestic and sexual violence. Survivor Advocates contact the victims of these crimes just after the police report is filed. They focus on assessing lethality, making safety plans, and explaining the criminal justice process and the dynamics of domestic and sexual violence to support adults and children involved throughout the prosecution process. Referrals are also made to other First Step programs, as well as pertinent outside resources. In addition, First Step provides in-court victim advocacy and support through free legal clinics.

FIRST STEP TOUCHED THE LIVES OF 7,998 PEOPLE IN 2018-2019

Total Number of
Survivors Served
7,523 ADULTS
475 CHILDREN

Lethality Assessment
Program Screenings:
903 SCREENINGS
High danger:
Canton 51%
Dearborn 57%
Taylor 55%

127 CLIENTS
Had Help Obtaining
Personal Protection
Orders



PROGRAMS & SERVICE STATISTICS 2018-2019 FISCAL YEAR

2,997 PEOPLE
Participated in First Step's
**OUTREACH AND
EDUCATION SESSIONS**

Counseling and Advocacy
for Adults and Children
7,534 SURVIVORS
11,973 HOURS

**SUPPORT
GROUPS**
1,031 HOURS

**TRANSITIONAL
SUPPORTIVE HOUSING**
22 Survivors and 55 Children
Received Subsidized Safe
Housing (19,020 Nights)
& Supportive Services

TRANSPORTATION
First Step Provided 353
Rides for 76 Survivors

Community
Response Program in
Police Departments and
Court Houses
3,473 SURVIVORS
6,492 HOURS

2018-2020 FIRST STEP BOARD OF DIRECTORS



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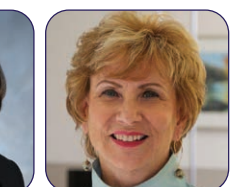
Samantha Martens



Karen Mazo



Carla O'Malley
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Karen Wilson
Smithbauer

EMERGENCY HOUSING
14,025 NIGHTS OF SAFE SHELTER
100 ADULTS
135 CHILDREN

Criminal Justice Advocacy
3,014 SURVIVORS
1,548 HOURS

24-hour Helpline
4,656 SURVIVORS
11,436 CALLS

Domestic Violence and Sexual Assault Awareness Month Activities

439 PEOPLE Stepped Up and Volunteered For First Step, Giving **7,383 HOURS** of Service

Violence Prevention Programs in Schools
 Coalition Building

SAFETY PLANNING
 All Adult and Child Survivors Who Work With First Step Develop A Safety Plan

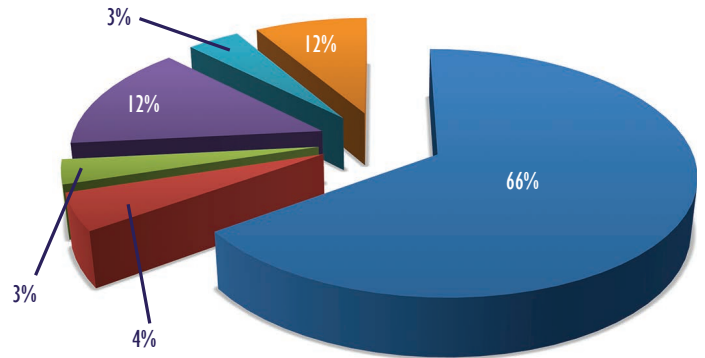
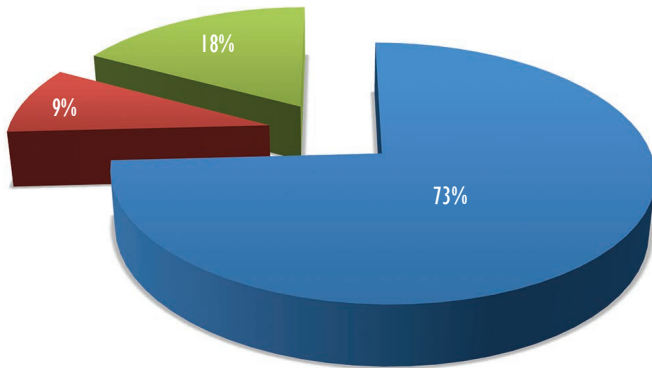
24-Hour On-Call Assault Response Team Responded to **49 PRIMARY AND 4 SECONDARY VICTIMS**

FOOD, CLOTHING, HOUSEHOLD GOODS
 Provided to Families as Necessary

EXPENSES

REVENUE

FOR FISCAL YEAR ENDING SEPTEMBER 30, 2019. PROGRAM ENDORSEMENTS AND DETAILS ABOUT FIRST STEP'S FINANCIAL REPORTS CAN BE FOUND AT [HTTP://FIRSTSTEP-MI.ORG/GUIDESTAR](http://FIRSTSTEP-MI.ORG/GUIDESTAR)



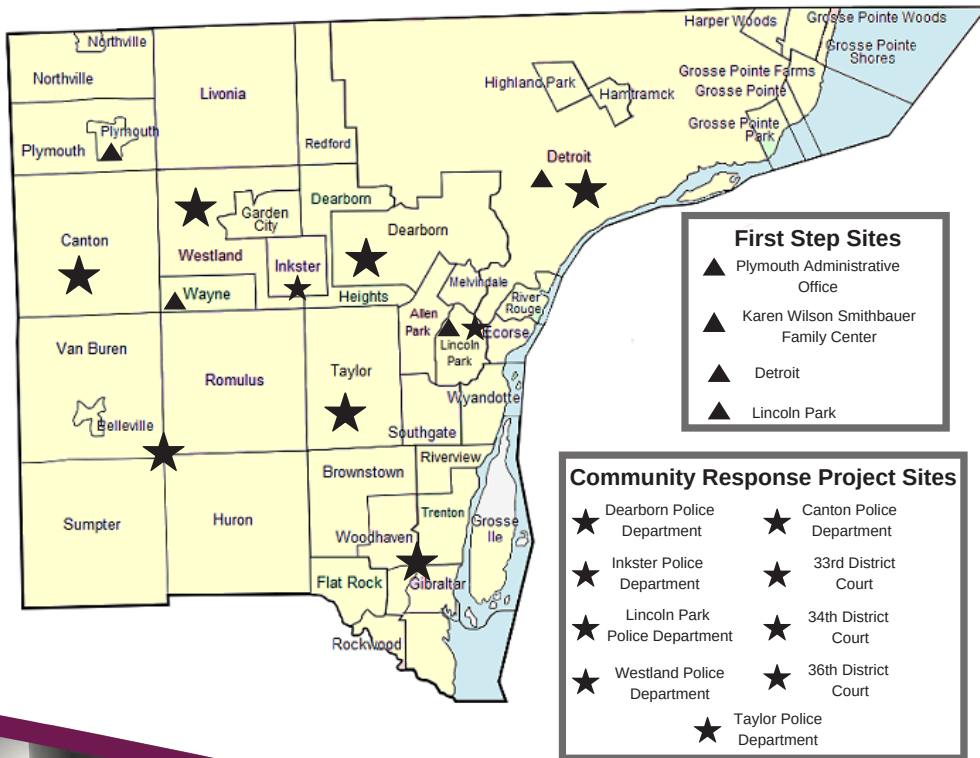
● DOMESTIC VIOLENCE PROGRAMMING	\$2,893,048
● SEXUAL ASSAULT PROGRAMMING	\$360,341
● SUPPORTING SERVICES <i>General & Administrative</i>	\$693,579

● FEDERAL	\$2,594,024
● STATE & OTHER	\$122,600
● FOUNDATIONS	\$165,696
● CONTRIBUTIONS	\$459,134
● UNITED WAY	\$118,030
● CONTRIBUTED SERVICES	\$474,371

TOTAL EXPENSES **\$3,946,968**

TOTAL REVENUE **\$3,933,855**

FIRST STEP OFFICES + RESPONSE SITES



First Step Administration Office and Survivor Services
 44567 Pinetree Drive
 Plymouth, MI 48170
 734.416.1111

First Step Karen Wilson Smithbauer Family Center
 4400 South Venoy Road
 Wayne, MI 48184
 734.722.1772

Survivor Services Lincoln Park
 1394 Cleophus Parkway
 Lincoln Park, MI 48146

Survivor Services Detroit
 2727 Second Avenue, Ste 304
 Detroit, MI 48201

24-HOUR HELPLINE
 734.722.6800

FIRSTSTEP-MI.ORG
 FIRSTSTEPWAYNECOUNTYMI
 FIRSTSTEPPEACE1
 FIRSTSTEPMI

Bon Iver holds concert to benefit First Step



Allstate check presentation



Dunning Foundation makeover of the Plymouth First Step Office



Eagles for Children supports First Step and other Children's Charities



Sharon Brown and helpers donate pillows



Rescue Rebuild ARK Project