

OUR FREE SERVICES:

24-Hour Help Line

24-Hour On-Call Assault
Response Team

Counseling

Support Groups

Safety Planning

Coping Skills

Legal, court, financial, medical,
and housing information

Community Organizing

Training/Outreach for sexual
assault and domestic violence

ALL SERVICES ARE
CONFIDENTIAL AND FREE.

Production supported by Crime Victim
Assistance Grant CVA#20061-17V13

TAKE THE FIRST STEP

Domestic violence services
also available.

24-HOUR HELP LINE:
734.722.6800

TOLL FREE:
1.888.453.5900

Interpretation services available.

LOCATIONS IN
PLYMOUTH,
WAYNE,
LINCOLN PARK
AND REDFORD



FIRSTSTEP-MI.ORG
FACEBOOK.COM/FIRSTSTEPMI 

HAVE YOU OR A FRIEND EXPERIENCED SEXUAL ASSAULT?

HELP IS AVAILABLE
FOR STUDENTS



SEXUAL ASSAULT IS ANY
UNWANTED SEXUAL CONTACT
OBTAINED WITHOUT CONSENT
AND/OR OBTAINED THROUGH
THE USE OF FORCE, THREAT
OF FORCE, INTIMIDATION,
OR COERCION.

IT IS NOT YOUR FAULT.

1 out of 5 undergraduate women experience an attempted or completed sexual assault during their college years, with:

- ✓ the majority occurring when women are incapacitated;
- ✓ freshmen and sophomores at greater risk;
- ✓ and the majority are victimized by men they know and trust.


From Campus Sexual Assault Study 2007

YOU HAVE RIGHTS...

- ✓ to a free and confidential sexual assault forensic exam. Call our hotline for referral information: 734.722.6800.
- ✓ to medical help without fear of being prosecuted for underage alcohol possession or consumption. In 2012, Michigan passed a Medical Amnesty Law.
- ✓ The Campus Sexual Violence Elimination Act (Campus SAVE) ensures that colleges and universities have protocols in place to protect and support victims and help prevent these crimes.

YOU ARE NOT ALONE.

COMMON REACTIONS:



Shame & Guilt
Embarrassment
Confusion
Depression
Anxiety
Anger
Fear
Flashbacks
Difficulty Concentrating
Sleeping & Eating Disturbances
Relationship Challenges

FIRST STEP 24-HOUR HELP LINE:
734.722.6800
TOLL-FREE: 1.888.453.5900

CONSENT IS:

- ✓ A clear yes, not the absence of a no.
- ✓ Considering that drugs, including alcohol, may influence judgments about consent.
- ✓ An equal power dynamic between individuals.
- ✓ A prior relationship does not indicate consent to future activity.

RESOURCES:

First Step
Campus Counseling Center
Student Health Center
Campus Police
911

HOW TO HELP A FRIEND:

Listen with empathy, support and respect their decisions, and know about available resources.