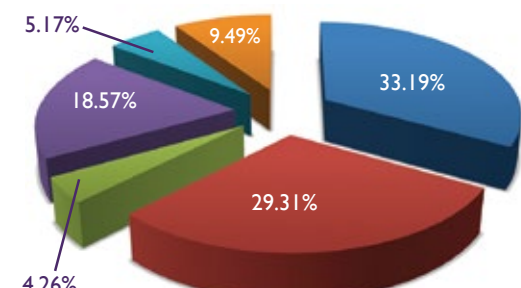
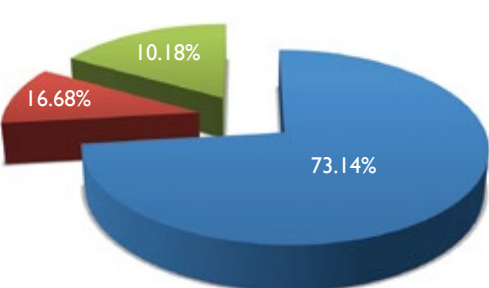


EXPENSES

REVENUE



DOMESTIC VIOLENCE PROGRAMMING	\$1,720,294	FEDERAL	\$840,333
SEXUAL ASSAULT PROGRAMMING	\$239,495	STATE & OTHER	\$742,161
SUPPORTING SERVICES General & Administrative	\$392,249	FOUNDATIONS	\$107,869
		CONTRIBUTIONS	\$470,186
		UNITED WAY	\$130,984
		CONTRIBUTED SERVICES	\$240,384
TOTAL EXPENSES	\$2,352,038	TOTAL REVENUE	\$2,531,917

PROGRAM ENDORSEMENTS AND DETAILS ABOUT FIRST STEP'S FINANCIAL REPORTS CAN BE FOUND AT [HTTP://FIRSTSTEP-MI.ORG/GUIDESTAR](http://firststep-mi.org/guidestar)

- “Thanks to my meetings with [my advocate] and support group, I have learned better ways to live and let go of what doesn't serve any purpose in my life. I feel empowered to continue growing and healing.” - Sexual assault survivor
- “I love my advocate, she is awesome, she makes me feel like a human.” - Sexual assault survivor
- “I have lived with my abuser for approximately 4 years now. If I would have known about this then, I would have been here sooner. I love all of the staff and their help.” - Domestic violence survivor
- “My advocate here has been more helpful to me in 30-40 days than anywhere else I've received treatment in 3-4 years. So, thank you :)” - Sexual assault survivor

2013-2015 BOARD OF DIRECTORS

 President Jennifer Hartke	 Vice President Marilyn Nix	 Secretary Beckie Thompson	 Treasurer Genelle Allen	 Member at Large Wendy Woodward
 Kimberly Coleman*	 Kathleen Cronin*	 Jerome Espy+	 Jeff Gielniak	 Heidi A. Naasko
 Carla O'Malley	 Karen Wilson Smithbauer	 Elaine Tingle*	 Loren Wadington	 Amy Youngquist CEO First Step

* Joined in 2013 # Resigned in 2013 + Joined in 2014 ^ Resigned in 2015
Not Pictured: Wendy Robinson*, June Nicholas*, Joyce Howe**

17,937
24-HOUR LINE /
CRISIS CALLS

Community Response
Program in police/courts
**1,917 SURVIVORS
SUPPORTED**

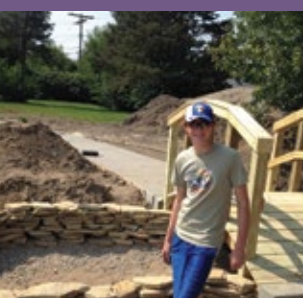
In-Court Victim Advocacy /
Legal Information / Clinics
3,950 HOURS

Counseling / Advocacy
Hours
**15,428 FOR ADULTS
2,803 FOR CHILDREN**

520 PEOPLE
stepped up and
volunteered for First Step

Violence Prevention
Programs in schools
Date rape awareness
and education
Coalition Building

SAFETY PLANNING
All adult and child
survivors who work with
First Step develop
a safety plan



**FIRST STEP
TOUCHED THE
LIVES OF
10,737 PEOPLE
IN 2013-2014**

**PROGRAMS AND
SERVICE STATISTICS
2013-2014
FISCAL YEAR**

Violence Prevention
Programs in schools
Date rape awareness
and education
Coalition Building

4,972 PEOPLE
participated in First Step's
**OUTREACH AND
EDUCATION
SESSIONS**

**SUPPORT GROUPS
2,212 HOURS**

Emergency Housing
**15,546 NIGHTS OF
SAFE SHELTER**
(148 women, 209 children)

215 INSTANCES
helping clients obtain
Personal Protection Orders

TRANSPORTATION
First Step provided 881
rides for families

**TRANSITIONAL
SUPPORTIVE HOUSING**
22 adults and 56 children
received subsidized safe
housing (13,048 nights)
& support services



**FOOD, CLOTHING,
HOUSEHOLD GOODS**
First Step provided 9,314
items to families

Domestic Violence and
Sexual Assault Awareness
Month activities

24-hour on-call Assault
Response Team responded to
**147 PRIMARY AND
41 SECONDARY
VICTIMS**



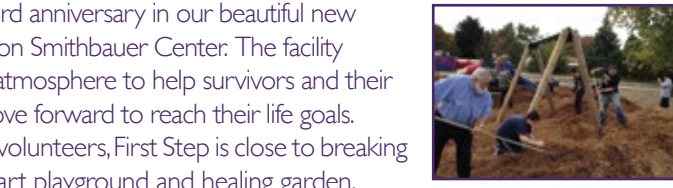
ANNUAL REPORT
FISCAL YEAR OCTOBER 1, 2013 TO SEPTEMBER 30, 2014

YEAR IN REVIEW

**AMY YOUNGQUIST
CHIEF EXECUTIVE OFFICER**

Dear Friends:
One of the most important tasks that First Step must undertake is to help survivors name their fears, tell their stories of violence, provide options and help them find community. Your support and interest in our vision, "Peaceful Families-Safe Communities," has helped First Step offer survivors hope, encouragement and resources.
In 2015, First Step will celebrate its 37th anniversary. Thirty-seven years of supporting survivors. Thirty-seven years of working for justice. Thirty-seven years of systems change. Thirty-seven years of tears and hope. Thirty-seven years of breaking the cycle of violence, one family at a time.
I am excited to report many significant accomplishments by our team of talented staff, board members, and volunteers this past year.

- In July 2014, we celebrated our third anniversary in our beautiful new residential facility - The Karen Wilson Smithbauer Center. The facility provides a welcoming and warm atmosphere to help survivors and their children heal from trauma and move forward to reach their life goals.
- Thanks to numerous donors and volunteers, First Step is close to breaking ground on our new state-of-the-art playground and healing garden.
- We completed a comprehensive security and safety project at the Karen Wilson Smithbauer Center thanks to HUD dollars, which we received through Wayne County.
- We have expanded our board from 12 members to 16. To date, we have recruited five new board members specializing in human resources, public relations, fundraising and finance.
- We continue to work towards our goals outlined in First Step's strategic plan. Several committees were formed to take on the issues, including a diversity committee.
- Over 500 community members volunteered their time during 2013-2014. Some provided nurturing for children, some hosted a family fun night, some got their hands dirty and helped assemble playground equipment, while others answered the phone and even got up in the middle of the night to meet a survivor at an area hospital.



We ended the fiscal year on a positive note thanks to the support from a wide variety of sources. However, our work is not nearly done; and as government grants become more competitive, we must rely on our community to secure the resources needed as more and more survivors come to us for help.

First Step could not achieve our mission and maintain day-to-day operations without each and every individual who support our efforts in creating a safety net for survivors of domestic and sexual violence. Those facing violence teach us that abuse can happen to anyone of any age, race, religion, sexual orientation, gender, or neighborhood.

Despite the challenges that we face, the future of First Step is looking bright and it is our hope that you will continue to take a stand against violence by speaking up, getting involved, and joining our First Step family if you have not already done so. I thank you for your compassion and energy to help us stop the violence and support the courageous survivors who reach out and trust us at the most vulnerable time in their lives.

Sincerely,
Amy Youngquist
Amy Youngquist, Chief Executive Officer



Administrative and Survivor Services Western Wayne County 44567 Pinetree Drive Plymouth, MI 48170 734.416.1111	Survivor Services Redford 27150 Westfield Redford, MI 48239 313.937.9791	Survivor Services Karen Wilson Smithbauer Center 4400 S. Venoy Wayne, MI 48184 734.722.1772	Survivor Services Lincoln Park 1394 Cleophas Lincoln Park, MI 48146 313.383.2975
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FIRST STEP PROGRAMS & SERVICES

Here is information about the work of First Step as well as a list of the services we provide each and every day.

Since 1978, First Step has been working for peaceful families and safe communities in Wayne County, Michigan. First Step is the only non-profit agency in out-Wayne County providing comprehensive services for victims of domestic and sexual violence.

First Step provides free and confidential programs designed to help survivors of violence overcome the lack of intervention and support, the feelings of powerlessness, isolation, physical danger and fear, and the financial, emotional and cultural barriers that victims of violence often face when seeking help.



WHAT MAKES FIRST STEP STAND OUT FROM OTHER COUNSELING PROGRAMS AND SHELTERS?

First Step staff members and volunteers are specially trained to assist and empower survivors of domestic violence, dating violence and sexual assault. First Step staff and volunteers are skilled experts in domestic violence, sexual assault, and trauma. They know the laws, have knowledge and experience with the dynamics of these crimes and understand the effects they have on the human spirit.

TEMPORARY EMERGENCY HOUSING (SHELTER)

When home is no longer a safe option, First Step provides emergency, short-term housing for victims of domestic and/or sexual violence and their children. Family Advocates work with residents to assist them in meeting their goals. Residents have the opportunity to participate in vital services, such as individual and group counseling, safety planning, medical attention, housing referrals, and educational and recreational activities for children.

TRANSITIONAL HOUSING

The Transitional Housing Program provides full rent subsidy and support while helping survivors build a credit history and skills to obtain and maintain permanent housing.

OTHER

First Step provides food, toys, clothing, birthday gifts, gift cards, books, school supplies, diapers, household goods, transportation and many of the other basic needs to help survivors in transition.



INFORMATION AND REFERRALS

Providing critical information and referrals regarding housing, legal assistance, counseling, temporary emergency housing, transportation, and health care is a large part of First Step's work.



CHILDREN'S ADVOCACY AND PREVENTION PROGRAMS

Children ages 3 through 19 are provided individual, family, and group counseling sessions to overcome the effects of witnessing violence in the home and, in some cases, the effects of being victimized directly by physical or sexual abuse. First Step also recognizes the need for fun and recreation. Through volunteers and staff, First Step provides recreational activities such as field trips, craft activities, holiday celebrations, birthday parties and more for the children and adults in our program.

FIRST STEP'S MISSION:

THE MISSION OF FIRST STEP IS TO ELIMINATE BOTH DOMESTIC AND SEXUAL VIOLENCE AND TO PROVIDE COMPREHENSIVE SERVICES TO INDIVIDUALS AND FAMILIES IMPACTED BY THESE CRIMES.

COMMUNITY EDUCATION

First Step believes that prevention is a key component to ending violence in our communities. First Step staff members present to schools, businesses, religious organizations, medical personnel, police officers, and civic groups. Topics range from the effects of violence on children, to dating violence, date rape drugs, domestic/sexual assault myths and facts, and community resources.



DOMESTIC VIOLENCE AND SEXUAL ASSAULT ADVOCACY PROGRAMS

Individuals and families who live in the community have the opportunity to participate in one-on-one counseling and support groups. Survivors of domestic and sexual violence learn about the dynamics of abuse and how to advocate for their own resources and needs. They are given the space to discuss the emotional impact of their situations. Groups allow survivors to share their stories and find strength in connecting with others, who sometimes become life-long friends.



Nonresidential sessions are available in four sites: Plymouth, Wayne, Lincoln Park and Redford.

COMMUNITY / LEGAL RESPONSE PROJECT

First Step Community Response Project Survivor Advocates help victims who seek help in police departments and courts throughout Wayne County. In several communities, Survivor Advocates work with a designated domestic violence prosecutor and detective to respond to the crimes of domestic and sexual violence. Survivor Advocates contact the victims of these crimes just after the police report is filed. They focus on assessing lethality, making safety plans, and explaining the criminal justice process and the dynamics of domestic and sexual violence for the adults and children involved throughout the prosecution process. Referrals are also made to other First Step programs, as well as pertinent outside resources. In addition, First Step provides in-court victim advocacy and support through free legal clinics.

24-HOUR HELP LINE (1-888-453-5900)

The 24-hour help line is a core service at First Step. For many, it is literally a lifeline. Specially trained First Step staff and volunteers provide crisis intervention, support, information, and safety planning to survivors who call our 24-hour help line.

ASSAULT RESPONSE

First Step staff and volunteers, on-call 24 hours a day, 365 days a year, respond to victims of domestic/sexual violence at local emergency rooms, police stations, and schools. Survivors receive immediate crisis intervention, clothing, support, safety planning, and links to First Step and other vital services.