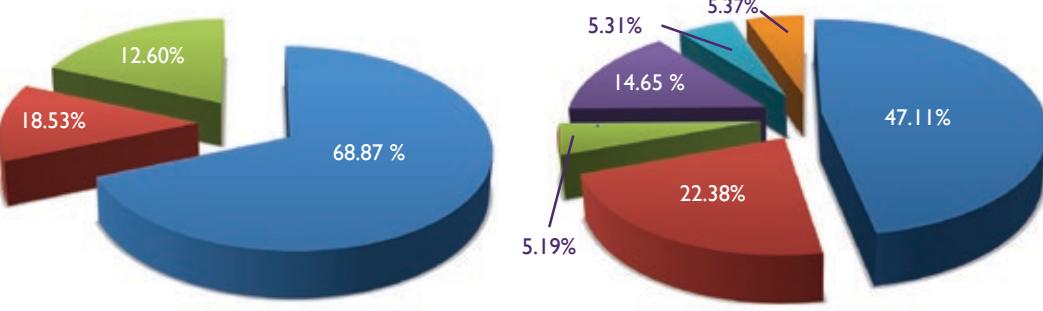


EXPENSES REVENUE



DOMESTIC VIOLENCE PROGRAMMING	\$1,644,512	FEDERAL	\$1,162,909
SEXUAL ASSAULT PROGRAMMING	\$300,852	STATE & OTHER	\$552,462
SUPPORTING SERVICES <i>General & Administrative</i>	\$442,379	FOUNDATIONS	\$128,006
		CONTRIBUTIONS	\$361,573
		UNITED WAY	\$130,984
		CONTRIBUTED SERVICES	\$132,506
TOTAL EXPENSES	\$2,387,743	TOTAL REVENUE	\$2,468,440

PROGRAM ENDORSEMENTS AND DETAILS ABOUT FIRST STEP'S FINANCIAL REPORTS CAN BE FOUND AT [HTTP://FIRSTSTEP-MI.ORG/GUIDESTAR](http://firststep-mi.org/guidestar)

“ I believe First Step may have saved my life and the lives of my children many, many years ago. I stayed in your facility in 1985 for 10 days upon leaving my husband who was extremely abusive.”
-Survivor and First Step contributor

“ Thanks for coming to speak to our class. You gave me a new way of seeing myself and other women.”
-17 year old high school student

“ Because of the help from First Step, I will have a chance to save money, further my education and acquire new skills that will increase my earning capacity to support myself and my children.”
- Domestic violence survivor

We learned about sexual harassment, how to report it, what it is, and what to do if you see it.”
-16 year old high school student

2012-2014 BOARD OF DIRECTORS

 President Jennifer Hartke	 Vice President Loren Wadington	 Secretary Beckie Thompson	 Treasurer Genelle Allen	 Member at Large Marilyn Nix
 Jeff Gielniak	 Dorinda Hughes, RN, LMSW,ACSW•	 Heidi A. Naasko	 Carla O'Malley	 Karen Wilson Smithbauer
 Wendy Woodward, AAMS	 Amy Youngquist, CEO First Step	 Wendy Robinson*	 Jerome Espy#	 Kimberly Coleman#

Not Pictured: Joyce Howe, CPA; June Nicholas *Resigned in 2013 • Resigned in 2014 #Joined in 2014

17,476
24-HOUR LINE /
CRISIS CALLS

Community Response
Program in police/courts

1,850 SURVIVORS
SUPPORTED

In-Court Victim Advocacy /
Legal Information / Clinics

4,069 HOURS

Counseling / Advocacy
Hours

15,022 FOR ADULTS
1,497 FOR CHILDREN

66 SANE FORENSIC
EXAMS

for sexual assault survivors

371 PEOPLE
stepped up and
volunteered for First Step

Violence Prevention
Programs in schools

Date rape awareness
and education

Coalition Building

SAFETY PLANNING

All adult and child
survivors who work with
First Step develop
a safety plan



FIRST STEP
TOUCHED THE
LIVES OF
14,463 PEOPLE
IN 2012-2013


Peaceful Families • Safe Communities

PROGRAMS AND
SERVICE STATISTICS
2012-2013
FISCAL YEAR

Total number of
survivors served

5,715 ADULTS
525 CHILDREN

8,223 PEOPLE
participated in First Step's
OUTREACH AND
EDUCATION
SESSIONS

SUPPORT GROUPS
3,339 HOURS

Emergency Housing

13,774 NIGHTS OF
SAFE SHELTER

234 INSTANCES
helping clients obtain
Personal Protection Orders

TRANSPORTATION
First Step provided 367
rides for families

TRANSITIONAL
SUPPORTIVE HOUSING

20 women and 54 children
received subsidized safe
housing (16,988 nights)
& support services



FOOD, CLOTHING,
HOUSEHOLD GOODS

First Step provided 16,817
items to families

Domestic Violence and
Sexual Assault Awareness
Month activities

24-hour on-call Assault
Response Team responded to

247 PRIMARY AND
89 SECONDARY
VICTIMS



ANNUAL REPORT
FISCAL YEAR OCTOBER 1, 2012 TO SEPTEMBER 30, 2013

YEAR IN REVIEW | AMY YOUNGQUIST CHIEF EXECUTIVE OFFICER

I am proud to have been selected as the CEO of First Step. I am excited to report many significant accomplishments by our team of talented staff, board members and volunteers this past year.



- In July of 2013, we celebrated our second anniversary in our beautiful new residential facility - the Karen Wilson Smithbauer Center. We can be proud that we built a beautiful and functional place for families to heal from the trauma of domestic and sexual violence.
- Together we raised nearly \$140,000 and broke ground on our new playground/healing garden. We believe play is an essential part of healing for the children who come to us for help.
- We raised funds for a resource center/garage area and pet center (ARK) so that we can store donations from the community and so that our families will have a place to keep their pets on site when in shelter.
- We secured a \$200,000 grant from Wayne County Edge to improve security features.
- We completed the First Step Strategic Plan for 2013-2016.
- We recruited new board members with expertise in human resources and accounting and updated the Board of Directors Manual.
- We implemented best practice upgrades to our finance department to continue to ensure excellence in stewardship and financial controls.
- We helped numerous numbers of clients secure housing and develop skills in financial empowerment and economic self-sufficiency and provided parenting education, computer classes and tutoring for survivors.
- We partnered with service clubs and businesses to run fundraising events for First Step. This keeps our fundraising costs low and provides much-needed financial resources to achieve our mission.

All the accomplishments listed are above and beyond what we do each and every day to support the individuals and families who come to us for help.

We must continue to work hard to ensure that all victims of abuse have resources and support available when they need it.

First Step is a family. Everyone who comes through our doors is a part of our vision to create peaceful families and safe communities. Let's keep the positive momentum going as we move forward by supporting one another and recognizing that we are all an important piece of the puzzle.

Together, we'll continue to accomplish great things!


Amy Youngquist
Chief Executive Officer

Administrative and Survivor Services Western Wayne County 44567 Pinetree Drive Plymouth, MI 48170 734.416.1111	Survivor Services Redford 27150 Westfield Redford, MI 48239 313.937.9791	Survivor Services Karen Wilson Smithbauer Center 4400 S.Venoy Wayne, MI 48184 734.722.1772	Survivor Services Lincoln Park 1394 Cleophus Lincoln Park, MI 48146 313.383.2975
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FIRST STEP PROGRAMS & SERVICES

Here is information about the work of First Step as well as a list of the services we provide each and every day.

Since 1978, First Step has been working for peaceful families and safe communities in Wayne County, Michigan. First Step is the only non-profit agency in out-Wayne County providing comprehensive services for victims of domestic and sexual violence.

First Step provides free and confidential programs designed to help survivors of violence overcome the lack of intervention and support, the feelings of powerlessness, isolation, physical danger and fear, and the financial, emotional and cultural barriers that victims of violence often face when seeking help.



WHAT MAKES FIRST STEP STAND OUT FROM OTHER COUNSELING PROGRAMS AND SHELTERS?

First Step staff members and volunteers are specially trained to assist and empower survivors of domestic violence, dating violence and sexual assault. First Step staff and volunteers are skilled experts in domestic violence, sexual assault, and trauma. They know the laws, have knowledge and experience with the dynamics of these crimes and understand the effects they have on the human spirit.

TEMPORARY EMERGENCY HOUSING (SHELTER)

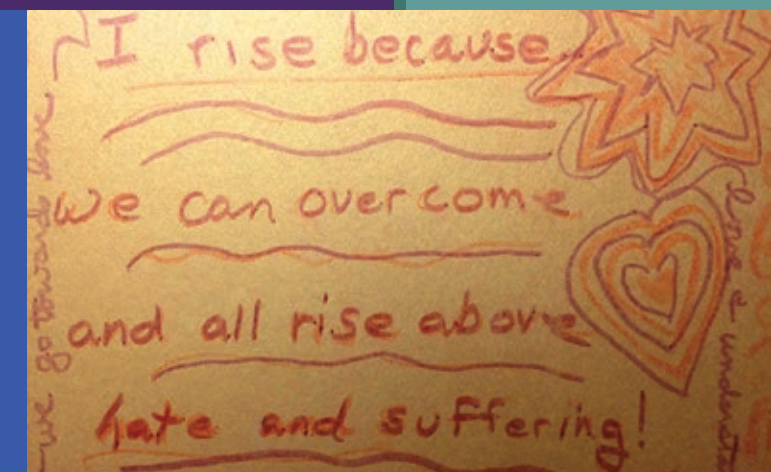
When home is no longer a safe option, First Step provides emergency, short-term housing for victims of domestic and/or sexual violence and their children. Family Advocates work with residents to assist them in meeting their goals. Residents have the opportunity to participate in vital services, such as individual and group counseling, safety planning, medical attention, housing referrals, and educational and recreational activities for children.

TRANSITIONAL HOUSING

The Transitional Housing Program provides full rent subsidy and support while helping survivors build a credit history and skills to obtain and maintain permanent housing.

OTHER

First Step provides food, toys, clothing, birthday gifts, gift cards, books, school supplies, diapers, household goods, transportation and many of the other basic needs to help survivors in transition.



INFORMATION AND REFERRALS

Providing critical information and referrals regarding housing, legal assistance, counseling, temporary emergency housing, transportation, and health care is a large part of First Step's work.



CHILDREN'S ADVOCACY AND PREVENTION PROGRAMS

Children ages 3 through 19 are provided individual, family, and group counseling sessions to overcome the effects of witnessing violence in the home and, in some cases, the effects of being victimized directly by physical or sexual abuse. First Step also recognizes the need for fun and recreation. Through volunteers and staff, First Step provides recreational activities such as field trips, craft activities, holiday celebrations, birthday parties and more for the children and adults in our program.

FIRST STEP'S MISSION:

THE MISSION OF FIRST STEP IS TO ELIMINATE BOTH DOMESTIC AND SEXUAL VIOLENCE AND TO PROVIDE COMPREHENSIVE SERVICES TO INDIVIDUALS AND FAMILIES IMPACTED BY THESE CRIMES.

COMMUNITY EDUCATION

First Step believes that prevention is a key component to ending violence in our communities. First Step staff members present to schools, businesses, religious organizations, medical personnel, police officers, and civic groups. Topics range from the effects of violence on children, to dating violence, date rape drugs, domestic/sexual assault myths and facts, and community resources.



DOMESTIC VIOLENCE AND SEXUAL ASSAULT ADVOCACY PROGRAMS

Individuals and families who live in the community have the opportunity to participate in one-on-one counseling and support groups. Survivors of domestic and sexual violence learn about the dynamics of abuse and how to advocate for their own resources and needs. They are given the space to discuss the emotional impact of their situations. Groups allow survivors to share their stories and find strength in connecting with others, who sometimes become life-long friends.

Nonresidential sessions are available in four sites: Plymouth, Wayne, Lincoln Park and Redford.



COMMUNITY/LEGAL RESPONSE PROJECT

First Step Community Response Project Survivor Advocates help victims who seek help in police departments and courts throughout Wayne County. In several communities, Survivor Advocates work with a designated domestic violence prosecutor and detective to respond to the crimes of domestic and sexual violence. Survivor Advocates contact the victims of these crimes just after the police report is filed. They focus on assessing lethality, making safety plans, and explaining the criminal justice process and the dynamics of domestic and sexual violence for the adults and children involved throughout the prosecution process. Referrals are also made to other First Step programs, as well as pertinent outside resources. In addition, First Step provides in-court victim advocacy and support through free legal clinics.