



24-Hour Help Line: 734-722-6800
24-Hour Toll-Free Help Line: 1-888-453-5900
Web Site: www.firststep-mi.org
We're on Facebook.

First Step offers free services for domestic violence and sexual assault.

- 24-hour help line
- 24-hour on-call assault response team
- Interim housing
- Safety planning
- Support groups
- Sexual Assault Nurse Examiner (SANE) forensic exams
- Counseling
- Legal, financial, medical and housing information
- Transitional supportive housing
- Community organizing
- Sexual assault awareness and violence prevention
- In-service trainings on domestic violence, sexual assault, elder abuse, workplace violence and more
- Children's counseling & support groups

First Step Sites

PLYMOUTH (Main Office) 44567 Pinetree Drive, Plymouth, MI 48170 Phone 734-416-1111 Fax 734-416-5555

REDFORD St. Robert Bellarmine, 27150 Westfield, Redford, MI 48239 Phone 313-937-9791

WAYNE/SANE CLINIC 4400 S. Venoy, Wayne, MI 48184 Phone (734) 722-1772 Fax (734) 722-4311



First Step Community Sites

Dearborn Police Department • Inkster Police Department • Lincoln Park Police Department
Taylor Police Department • Wayne Police Department • Westland Police Department
33rd District Court • 34th District Court

Domestic Violence and Sexual Assault Statistics

- 1 in 4 women will experience domestic violence in her lifetime.
- In 2001, 85% of victims of domestic violence were women.
- In 1994, 37% of women seeking injury-related treatment in hospital emergency rooms were injured by a current or former spouse or intimate partner.
- The cost of intimate partner violence annually exceeds \$5.8 billion, including \$4.1 billion in direct health care expenses, \$900 million in lost productivity, and \$900 million in lifetime earnings.
- 1 in 5 women and 1 in 33 men have experienced an attempted or completed rape.
- Young women ages 16-24 experience the highest rate of domestic violence – 16 per 1000 persons.

Above statistics from NCADV Domestic Violence Fact Sheet at MCADSV.org.

First Step Statistics

- 2,723 hours of group counseling were provided.
- First Step provided safety planning and emotional support on 17,866 crisis calls.
- 1,117 hours of nonresidential counseling for children and 6,507 hours of nonresidential counseling for adults were provided.
- Survivors of violence and their children received 7,624 overnight stays.
- First Step provided in-person crisis intervention to 285 survivors of domestic and sexual assault at local hospital emergency rooms and other safe places.
- 2,294 survivors were supported in police departments/ courts by our advocates.
- 155 sexual assault nurse examiner exams were completed.

Above statistics reported from First Step's fiscal year – October 1, 2009 to September 30, 2010.

How You Can Create a Violence-Free Community

- Volunteer with First Step.
- Donate money or gift cards (for grocery stores and gas stations).
- Donate items from First Step's wish list. See list at www.firststep-mi.org.
- Collect and donate used cell phones or small-sized printer cartridges.
- Talk to community leaders about the importance of providing legislation, local policies and resources to respond to violence.
- Apply expectations for nonviolent and respectful behavior to your family and organizations.
- Support and refer survivors; tell them that you fear for their safety.
- Host a fundraiser for First Step.

First Step is supported by the Victims of Crime Act (VOCA.)