

Police - dial 911



First Step 24-Hour Help Line

734-722-6800

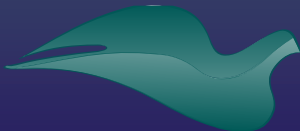


Toll Free Help Line

1-888-453-5900



www.firststep-mi.org



FirstStep
Peaceful Families • Safe Communities

Information, Support and
Resources to Use and Share



You are not alone!

First Step is available to help
survivors of intimate partner
violence and/or sexual violence
in Wayne County, Michigan.



Please keep this card in your purse
or wallet - you never know when you
may run into a survivor of domestic
or sexual violence who needs help!

If you are being abused by your partner or have been sexually assaulted, you may feel confused, afraid, angry or trapped.

- * You are not to blame for being raped, battered or mistreated.**
- * You deserve to be treated with respect.**
- * You deserve a safe and happy life.**
- * Your children deserve a safe and happy life.**
- * You are not alone. There are people waiting to help.**

First Step offers a variety of supportive services including:

- * 24-hour helpline**
- * Counseling**
- * Advocacy**
- * On-call 24-hour assault response**
- * Court advocacy & legal information (help with protection orders)**
- * Temporary emergency housing (shelter)**
- * Children's services**
- * Emergency medical forensic exams for victims of sexual assault (ages 12 and up)**

Plus much more.....

*** ALL SERVICES PROVIDED BY FIRST STEP ARE FREE ***